

Stop the spread of COVID-19

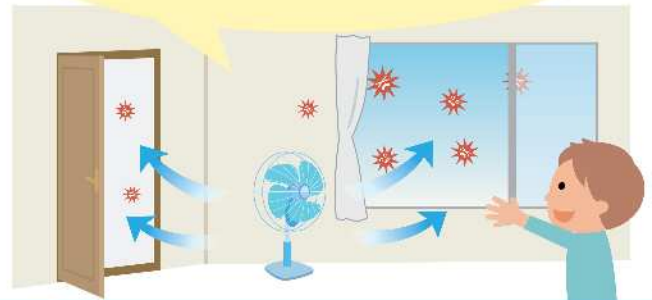
Avoid **Closed spaces, Crowded places,** and **Close-contact settings!**

• Even in open spaces, be mindful of other Cs. We should aim for "Zero C."

Make enough space
with others.



Open doors and windows.
Ventilate frequently.



Avoid exercise with
many people even outdoors.

Walking or running in a
small group is fine.



Make space in restaurants.

- Avoid dining in a large group
- Leave one empty seat between you
- Sit diagonally across the table



Wear a mask
when talking.



Refrain from talking inside
the train or elevator.

